

### **What we do at Kidman Park Primary School to reduce bullying**

If an incident of bullying happens at Kidman Park Primary School we use prevention, intervention and post-intervention strategies.

#### **Prevention strategies include:**

- Using the curriculum to teach students about respectful relationships, civics and citizenship. Some examples are Bounce Back, Values, Program Achieve and Social Skills.
- Developing programs to help students participate and have a say in their learning.
- Teaching students about violence prevention, conflict resolution, anger management problem-solving.
- Teaching for and about diversity.
- Providing professional learning for staff in collaboration with local agencies.

#### **Intervention strategies include:**

- Counselling students who have been bullied.
- Talking with parents or caregivers about the situation.
- Putting consequences in place for those who bully others.
- Teaching students to be better bystanders.
- Ensuring that all staff know how to address bullying effectively and respectfully.

#### **Post-intervention strategies include:**

- Monitoring the situation between the students to ensure that their safety and wellbeing are maintained.
- Talking with parents or caregivers about strategies.
- Reviewing our yard duty procedures to make sure they are effective.
- Dealing with hotspots in the yard.
- Reviewing and evaluating behaviour codes and policies and procedures.

## **KIDMAN PARK PRIMARY SCHOOL**

### **ANTI-BULLYING PROCEDURES**



**“Everyone has the right to feel safe at Kidman Park Primary School”**

**We do not tolerate bullying**

**This policy explains what bullying is, how you can report it and what we will do to stop it happening.**

**At Kidman Park Primary School we believe that: -**

- Bullying is the systematic abuse of power.
- Bullying is not simply about difference. It may occur because of people's inability to accept and value difference.
- Bullying includes racist or sexual harassment or any other form of discriminatory behaviour.
- Bullying is everyone's business.
- Bullying can involve violence – visible and invisible.

**A definition of bullying**

Bullying is deliberate, hurtful, gestures, words or actions, which are, or can be, repeated over time.

Examples of bullying are:

- Having your lunch money taken away.
- Being left out of games or conversations.
- Being hit or kicked.
- Receiving upsetting SMS messages or emails.
- Hearing name calling and put-downs.
- Receiving unpleasant sounds or gestures or body language.

**What can be done about bullying?**

If you are bullied or you know someone who is being bullied;

**Tell someone you can trust.**

- You could tell your friend, tell your teacher, the principal or the chaplain.
- Tell your parents or caregivers too.
- You could give the Kids Help Line a call on **FREECALL 1800 551 800**.

**When to report:**

Report the bullying to a trusted adult straight away. Do not ignore it. When bullying is ignored it may get worse.

**How to report:**

Tell the trusted adult:

- What has happened.
- Where the bullying happened.
- How often it has happened.
- If you have done anything to try to stop it happening.

**What trusted adults do about incidents of bullying:**

- **Ask** if the person being bullied wants us to do anything to help.
- **Listen** and talk to the person who has been bullied.
- **Implement** negotiated consequences for the person who has been bullying others. These may include time out, suspension or exclusion.
- **Use** a process such as Restorative Practice to help everyone involved to improve their relationships with each other.

**Note:** It is important to note that these steps may change. At Kidman Park Primary School we do not use a 'one size fits all' approach. This is because each person is different and each incident of bullying is different.