

What we do at Kidman Park Primary School to reduce bullying

If an incident of bullying happens at Kidman Park Primary School we use prevention, intervention and post-intervention strategies.

Prevention strategies include:

- Using the curriculum to teach students about respectful relationships, civics and citizenship. Some examples are Bounce Back, Values, Program Achieve and Social Skills.
- Developing programs to help students participate and have a say in their learning.
- Teaching students about violence prevention, conflict resolution, anger management problem-solving.
- Teaching for and about diversity.
- Providing professional learning for staff in collaboration with local agencies.

Intervention strategies include:

- Counselling students who have been bullied.
- Talking with parents or caregivers about the situation.
- Putting consequences in place for those who bully others.
- Teaching students to be better bystanders.
- Ensuring that all staff know how to address bullying effectively and respectfully.

Post-intervention strategies include:

- Monitoring the situation between the students to ensure that their safety and wellbeing are maintained.
- Talking with parents or caregivers about strategies.
- Reviewing our yard duty procedures to make sure they are effective.
- Dealing with hotspots in the yard.
- Reviewing and evaluating behaviour codes and policies and procedures.

KIDMAN PARK PRIMARY SCHOOL

ANTI-BULLYING PROCEDURES



“Everyone has the right to feel safe at Kidman Park Primary School”

We do not tolerate bullying

This policy explains what bullying is, how you can report it and what we will do to stop it happening.

At Kidman Park Primary School we believe that: -

- Bullying is the systematic abuse of power.
- Bullying is not simply about difference. It may occur because of people's inability to accept and value difference.
- Bullying includes racist or sexual harassment or any other form of discriminatory behaviour.
- Bullying is everyone's business.
- Bullying can involve violence – visible and invisible.

A definition of bullying

Bullying is deliberate, hurtful, gestures, words or actions, which are, or can be, repeated over time.

Examples of bullying are:

- Having your lunch money taken away.
- Being left out of games or conversations.
- Being hit or kicked.
- Receiving upsetting SMS messages or emails.
- Hearing name calling and put-downs.
- Receiving unpleasant sounds or gestures or body language.

What can be done about bullying?

If you are bullied or you know someone who is being bullied;

Tell someone you can trust.

- You could tell your friend, tell your teacher, the principal or the chaplain.
- Tell your parents or caregivers too.
- You could give the Kids Help Line a call on **FREECALL 1800 551 800**.

When to report:

Report the bullying to a trusted adult straight away. Do not ignore it. When bullying is ignored it may get worse.

How to report:

Tell the trusted adult:

- What has happened.
- Where the bullying happened.
- How often it has happened.
- If you have done anything to try to stop it happening.

What trusted adults do about incidents of bullying:

- **Ask** if the person being bullied wants us to do anything to help.
- **Listen** and talk to the person who has been bullied.
- **Implement** negotiated consequences for the person who has been bullying others. These may include time out, suspension or exclusion.
- **Use** a process such as Restorative Practice to help everyone involved to improve their relationships with each other.

Note: It is important to note that these steps may change. At Kidman Park Primary School we do not use a 'one size fits all' approach. This is because each person is different and each incident of bullying is different.